



Physical Education Impact Statement

In Reception your child will be working towards the following Early Learning Goals for Physical Development:

Moving and Handling: Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

Health and Self-Care: Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

The documents below show what we aim for your child to achieve in each aspect of PE at the end of each year group from year 1 to year 6.