



PSHE Curriculum Statement

Intent Statement

PSHE, RSE and Jigsaw are the building blocks that shape the school's broad curriculum and supports the development of children's skills, knowledge and attitudes. These building blocks prepare pupils at the school for the opportunities, responsibilities and experiences of later life.

In Bythams Primary School, our motto is 'Learning for Life: Achieving Together' and PSHE at our school perfectly encapsulates this ethos. Our PSHE curriculum gives the children key skills which they can take onto secondary education and beyond and encourages a sense of school unity and togetherness that we actively foster. The key aims for the teaching and learning of PSHE, RSE and Jigsaw in this school include:

1. By the time children leave Bythams Primary School it is expected that they will be able to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They will learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.
2. PSHE, RSE and Jigsaw will support the development of the skills, attitudes, values and behaviour, which enables pupils to:
 - a) Have a sense of purpose
 - b) Value self and others
 - c) Form relationships
 - d) Make and act on informed decisions
 - e) Communicate effectively
 - f) Work with others
 - g) Respond to challenges
 - h) Be an active partner in their own learning
 - i) Be active citizens within the local community
 - j) Explore issues related to living in a democratic society and
 - k) Become healthy and fulfilled individuals
3. To sequentially learn the core content in the Long Term Plan for PSHE, RSE and Jigsaw, the taught curriculum (content) is drawn from the National Curriculum, Early

Learning Goals (Development Matters), Jigsaw scheme and Department of Education documentation/statutory legislation.

4. To provide interesting learning experiences so that children develop positive attitudes to PSHE, RSE and Jigsaw. They learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.
5. To sequentially learn the technical and subject specific vocabulary that will enable understanding and rapid progress in PSHE, RSE and Jigsaw.
6. To take a Mindfulness to school life and as such fully embrace the 5 Ways to Emotional Well-being which are:
 - a. Connect
 - b. Be Active
 - c. Keep Learning
 - d. Give
 - e. Take notice
7. Ensure all pupils thrive, even during difficult times by weekly well-being sessions run by a qualified ELSA teaching assistant.

Implementation Statement

Our whole curriculum is shaped by our school vision - 'Learning for Life: Achieving Together'- which aims to enable all children, regardless of background, ability, additional needs, and to flourish to become the very best version of themselves they can possibly be.

The Bythams' PSHE curriculum is delivered through an award-winning scheme called Jigsaw. Jigsaw covers all elements of the national curriculum in PSHE and incorporates the full requirements of the government's statutory curriculum on Relationships, Health and Sex Education. Jigsaw is split into six areas each of which are delivered in a different term across the year. Three of these areas cover the Relationship, Health and Sex Education requirements. Jigsaw PSHE directs our aim on developing the "whole child" through a spiral curriculum approach to developing knowledge, skills and understanding in the areas of;

- Autumn 1 - Being Me
- Autumn 2 - Celebrating Differences
- Spring 1 - Dreams and Goals
- Spring 2 - Healthy Me (Government Health Education statutory requirements)
- Summer 1 - Relationships (Government Relationships Education statutory requirements)
- Summer 2 - Changing Me (Government Sex Education non-statutory requirements)

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Wider Curriculum

- We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts and encouraging children to think positively.
- We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the Bythams' values of determination, respect, friendship, honesty, happiness, forgiveness and creativity.
- Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

Impact Statement

By the time children leave The Bythams, they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life;
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society;
- appreciate difference and diversity;
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty;
- be able to understand and manage their emotions;
- be able to look after their mental health and well-being;
- be able to develop positive, healthy relationship with their peers both now and in the future;
- understand the physical aspects involved in RSE at an age appropriate level;
- have respect for themselves and others;
- have a positive self esteem.